ROOTS Ifrit Tanzeem Kristy

For a body that knows little about belonging, I wonder what makes me believe "grow" is the word that saves me the most.

Some days, I am the seed. I bury myself in the earth, waiting for something larger than me to pull me toward the light. I can wait my whole life for a rain that does not call my name.

It's a shame—my reaching. Imagine a forest so vast it never ends. Now imagine a girl, emerging from the undergrowth, grasping for branches that do not bend to her hands.

Let me be called a half-root. I start to dig, then hesitate. I am terrified of anchoring. I am terrified of every wild thing that dares to rise taller than I.

I do not survive it. It makes me open, stretches me thin. It makes me see for the first time, and oh how heavy, oh how light—changes me, tangles me in green. I am a fallen leaf still warm with the sun. I am the hush of pine needles at dusk. I am the silence before the wind takes me. I am a night full of trees, and the earth remembers my weight.

I surrender. I am here. I am the forest's faith after all these years.